Glycosylated hemoglobin is the product of hemoglobin and glucose in red blood cells, which can reflect the blood glucose level of the first three months of blood collection. It is the most effective and reliable indicator of blood glucose control. Diabetic patients should be glycosylated hemoglobin \leq 7.0% as one of the criteria for treatment standards, the elderly may be slightly relaxed standard (7.0% -7.5%), young people should control glycosylated hemoglobin \leq 6.5% or less. Glycemic hemoglobin for every 1% decline in diabetes-related complications can be reduced by 20%.

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